# **Reproductive and Developmental Toxicity of QACs**

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## DISCLOSURE

I have nothing to disclose; no financial or other ties which would pose a conflict of interest

## Initial Findings – from a change in disinfectant

Control mice suddenly developed Neural Tube Birth Defects (NTDs)



Decrease in number of mouse pups born



### What is an NTD?



#### In Humans, NTDs cause Anencephaly and Spina Bifida

### **Testing the Disinfectant**





- Moving to a QAC-free room helped, but we still saw NTDs
- Even in the QAC-free room, boxes became contaminated after 1 week

#### **Finding the Negative Control**



NTDs persisted until the offspring of the F2 generation

## Why Did it Take 2 Generations?



### **Confirming the Active Ingredient**



- The active ingredient in the disinfectant caused NTDs
- Shows that it is not some other property of the disinfectant

# **Characterizing Exposure**



120 mg/kg/day for 8 weeks



Males received 7.5 mg/kg every other day for 10 days prior to breeding Females received one dose of 7.5 mg/kg on day 8 of gestation Both groups received ambient exposure

- Exposure to EITHER males or females causes NTDs
- Ambient exposure more important than dose exposure
- Only need to dose at "critical time periods"

## **Male and Female Exposure**



Males received 30 mg/kg every other day for 10 days prior to breeding Females received one dose of 15 mg/kg on day 8 of gestation. There was no ambient exposure

- Confirmed that exposure to EITHER males or females causes NTDs
- Effect is additive
- With no ambient exposure, a higher oral dose can be used

#### Later in Development: The Placenta



- Fetal death
- Low birth weight
- Preterm labor

#### Later in Development: Fetal Loss



#### QAC Exposure caused fetal loss, both mid and late gestation

# **Fertility**





8 Week Dose Exposure

## **Fertility continued**



- Significant declines in both male and female fertility
- Effects seen with dose and ambient exposure

#### **Fertility continued**



Males dosed with QAC, transferred to QAC-free room for 10 days, then bred to QAC-free females. N = 8 males, with 4 females/male.



Over the 6 month breeding trial

The end result from all the insults to reproduction is a dramatic decrease in the total number of pups born

#### **Fertility continued**



Mating index = # bred / # cohabited

Fertility index = # pregnancies / number bred

Pregnancy rate = # pregnancies / # cohabited

#### Fertility returned to normal after 2 generations

## **Immune Function:** Neutrophils





Microfluidic devise

Decision making in neutrophils isolated from ambiently exposed mice is altered

- Directional Migration is decreased (movement toward an attractant)
- Spontaneous Migration is increased (movement without attractant)

#### Both are bad

## **QACs in Humans**

### **EXPOSURE is UBIQUITOUS**

- 50% of first year medical students had QAC residues on their hands (based on a one point in time assessment)
- Over 5,000 household products contain a QAC (based on publically available household product databases)

# **QACs in Human Screening Trial**

- 43 participants enrolled in a screening trial
- 80% contained BAC and DDAC in their blood
- All four QACs measured (C12-BAC, C14-BAC, C16-BAC, DDAC) were detected in the blood
  - Increased markers of inflammation
  - Decreased mitochondrial function
  - Altered cholesterol synthesis

# Implications





Numerous patents for use as contraceptives since the early 1970s

Licensed for use as a spermicide in Canada and Europe

### **Implications continued**

# I am not saying QACs are implicated in any disease

#### However, the possibility exists

- QAC use has increased dramatically in the last 30 years and will likely continue
- This rise in use follows the same trends as:

#### Increases in Declines in

Obesity Diabetes Autoimmune disorders Asthma Allergy Autism

- Declines in Male and Female Fertility Sperm counts
- These disorders are characterized by Increased inflammation Mitochondrial dysfunction Alterations in cholesterol homeostasis